Tomorrow is ours to define
WELCOME
Parents and Families
Kumeyaay Land Acknowledgement
Kumeyaay Land Acknowledgement

We stand upon a land that carries the footsteps of millennia of Kumeyaay people. They are a people whose traditional lifeways intertwine with a worldview of earth and sky in a community of living beings. This land is part of a relationship that has nourished, healed, protected and embraced the Kumeyaay people to the present day. It is part of a world view founded in the harmony of the cycles of the sky and balance in the forces of life. For the Kumeyaay, red and black represent the balance of those forces that provide for harmony within our bodies as well as the world around us.

As students, faculty, staff and alumni of San Diego State University we acknowledge this legacy from the Kumeyaay. We promote this balance in life as we pursue our goals of knowledge and understanding. We find inspiration in the Kumeyaay spirit to open our minds and hearts. It is the legacy of the red and black. It is the land of the Kumeyaay.

Eyay e’Hunn My heart is good.
WELCOME
Parents and Families
Dr. Randy Timm
Associate Vice President for Campus Life and Dean of Students
WELCOME
Parents and Families
SDSU Successful Students
SDSU
Successful Students

Embrace Diversity, Equity and Inclusion
SDSU
Successful Students
Take 30 Units to Finish
SDSU
Successful Students
Practice Self-care
SDSU

Successful Students

Ask for Help
SDSU
Successful Students
Get Involved
Parents and Families Contribute to Student Success
SDSU
Successful Students

✓ Take 30 Units to Finish
✓ Ask for Help
✓ Go to Class
✓ Get Involved
✓ Practice Self-care
✓ Embrace Diversity, Equity and Inclusion
WELCOME
Parents and Families
• Orientation = Strong Foundation
• Transition for Student and Family
• Parents Contribute to Student Success
• Aztec Parents Association
Dr. Robyn Adams
Associate Director
New Student and Parent Programs

Abdel Amador, M.A.
Assistant Director for Parent and Family Programs
New Student and Parent Programs
- Parent Liaison
- Parent Hotline: 619-594-1653
- Email: aztecpar@sdsu.edu
- SDSU Parents and Family (Official) Facebook Group
Parents and Families as Partners in Student Success
Caryl Montero-Adams
Assistant Dean of Students for Student Life
Office of the Dean of Students

Dr. Mary Joyce Juan
Clinical Director, Counseling & Psychological Services

Dr. Joanna Brooks
Associate Vice President
Faculty Advancement and Student Success
Successful Community Transitions

• Encourage your student to
  Get Involved! Get Connected!
• Student Engagement
• Welcome Week
• Aztec Nights
• SDSUGo!
Student Health, Well-being and Accessibility

- Counseling & Psychological Services
- Student Health Services
- Well-being & Health Promotion
- Economic Crisis Response Team
- Student Disability Services (formerly SASC)
Support students’ ability to manage challenges and persist
In-house short-term therapy services and referrals to community resources
Services included at no additional cost through the Health and Wellness fee
Student Health, Well-being and Accessibility

Student Health Services

sacd.sdsu.edu/student-health-services

Student Online Portal: healthconnect.sdsu.edu

sdsu.edu/immunizations
Well-being & Health Promotion
sacd.sdsu.edu/health-promotion

- Knowledgeable staff and peer educators provide health education on a variety of topics including nutrition, alcohol and other drug education, healthy relationships, sexual health, and more
- Provide support accessing health insurance
- Help students locate resources & information
Basic Needs Center and Economic Crisis Response Team (ECRT)

sdsu.edu/ecrt

- Provide basic needs resources and support to students
  - Food Pantry
  - CalFresh enrollment support
  - Rapid Re-Housing Program
Student Health, Well-being and Accessibility

Student Disability Services
(formerly SASC - Student Ability Success Center)
newscenter.sdsu.edu/student_affairs/sds

- Services and support available to students with documented disabilities
  - Extended time on exams, Sign Language Interpreting, Real-time Captioning, Mobility Assistance, academic support
Transitions

- Difficulties following any type of change are inevitable
- When in doubt – one step at a time
- Normalize experiencing a less-than-smooth start at SDSU
- Give your student space to make their own choices
Student Safety Video
Academic Success

- Academic expectations
- 15 units per semester, graduate in 4 years
- Professor office hours
- Academic integrity and plagiarism
- (FERPA) Family Educational Rights Privacy Act
- Internships, organizations, study abroad etc.
- Tips for parents and families
  - From “advocate” to “resource for success”
Parent and Family Orientation Schedule

College Session
10:00 a.m. - 10:50 a.m. (PDT)

SDSU Student Perspective Panel
11:00 a.m. - 11:45 a.m. (PDT)
Parent & Family Events
August 18 - 20, 2023

August 18: Recepción en Español para Padres y Familias (Spanish-Speaking Parent and Family Reception)

August 18: Petco Park - Padres Game

August 19: Send Off Brunch

August 19: Wave FC Soccer Game at Snapdragon

August 20: New Student and Family Convocation

Email Invite Coming Soon!
Join us for New Student and Family Convocation at Snapdragon Stadium!

The official welcome for all new students and families.

Parking, ticketing and event details will be shared later this month on website and via email!

You won’t want to miss this event!
The 26th annual SDSU Family Weekend

October 20 & 21, 2023
nspp.sdsu.edu/family-weekend
Parent and Family Involvement

News for Aztec Parents Magazine
Aztec Parents Fund
Aztec Parents Advisory Board
E-Newsletter
Parent Engagement
THANK YOU!

WELCOME TO THE SDSU FAMILY!